

Burnley Bobcats “Last Chance for County Qualifier” 2024

Licence No. 3NW240046 - 5th, 6th, and 7th January 2024

Warm-Up Schedule

Session 1 – Friday 5th January 2024

6.00pm – 6.25pm All Swimmers

Session 2 – Sat 6th Jan - 7.40am to 8.55am; Start at 9.00am

7.40am to 7.55am Open/Male 12 and over

7.55am to 8.10am Open/Male 9 to 11, and

7.55am to 8.10am Female 9 and 10

8.10am to 8.25am Female 11 and 12

8.25am to 8.40am Female 13 and 14

8.40am to 8.55am Female 15 and over

Session 3 – Sat 6th Jan - 12.55 pm to 2.10 pm; Start at 2.15pm

12.55pm to 1.10pm Female 15 and over

1.10pm to 1.25pm Female 13 and 14

1.25pm to 1.40pm Female 11 and 12

1.40pm to 1.55pm Female 9 and 10, and

1.40pm to 1.55pm Open/Male 9 to 11

1.55pm to 2.10pm Open/Male 12 and over

Session 4 – Sun 7th Jan - 7.40am to 8.55am; Start at 9.00am

7.40am to 7.55am Female 9 to 11

7.55am to 8.10am Female 12 and 13

8.10am to 8.25am Female 14 and over

8.25am to 8.40am Open/Male 9 to 12

8.40am to 8.55am Open/Male 13 and over

Session 5 – Sun 7th Jan - 12.55 pm to 2.07pm; Start at 2.15pm

12.55pm to 1.13pm Open/Male 9 to 12

1.13pm to 1.31pm Open/Male 13 and over

1.31pm to 1.49pm Female 9 to 12

1.49pm to 2.07pm Female 13 and over

At some stage in each warmup sprint lanes will be made available – Text in BLUE will be mixed warmup with the groups together.

Coaches – Please supervise your swimmers during the warmups.