

Lancashire County Water Polo and Swimming Association Age Groups and Championships 2023 Programme of Events

Day 1 AM	Liverpool	28 January 2023	Warm up TBC	Day 1 PM	Liverpool	28 January 2023	Warm up TBC
101	Female	200m Backstroke HDW	Age 10/11 Over	151	Female	400m Freestyle HDW	Age 10/11 Over
102	Male	100M Butterfly Heats	Age 10/11 Over	152	Male	200M Breaststroke HDW	Age 10/11 Over
103	Female	200m Ind. Medley HDW	Age 10/11 Over				
104 - 110	Male	100m Butterfly Finals	Age 10/11 Over				

Day 2 AM	Liverpool	29 January 2023	Warm up TBC	Day 2 PM	Liverpool	29 January 2023	Warm up TBC
201	Male	200m Backstroke HDW	Age 10/11 Over	251	Male	400m Freestyle HDW	Age 10/11 Over
202	Female	100m Butterfly Heats	Age 10/11 Over	252	Female	200M Breaststroke HDW	Age 10/11 Over
203	Male	200m Ind. Medley HDW	Age 10/11 Over				
204 - 210	Female	100m Butterfly Finals	Age 10/11 Over				

Day 3 AM	Liverpool	4 February 2023	Warm up TBC	Day 3 PM	Liverpool	4 February 2023	Warm up TBC
301	Female	50m Backstroke	Age 10-11/ Over	351	Female	50m Butterfly	Age 10-11/ Over
302	Male	100m Freestyle	Age 10-11/ Over	352	Male	100m Breaststroke	Age 10-11/ Over
303	Female	400m Ind. Medley HDW	Age 12/ Over	353	Female	800m Freestyle HDW	Age 12/ Over
304-310	Male	100m Freestyle Finals	Age 10/11 Over	354-360	Male	100m Breaststroke Finals	Age 10/11 Over
311-317	Female	50 Backstroke Finals	Age 10/11 Over	361-367	Female	50m Butterfly Finals	Age 10/11 Over

Day 4 AM	Liverpool	5 February 2023	Warm up TBC	Day 4 PM	Liverpool	5 February 2023	Warm up TBC
401	Male	50m Backstroke	Age 10/11 Over	451	Male	50m Butterfly	Age 10/11 Over
402	Female	100m Freestyle	Age 10/11 Over	452	Female	100m Breaststroke	Age 10/11 Over
403	Male	400m Ind. Medley HDW	Age 12/ Over	453	Male	1500m Freestyle HDW	Age 12/ Over
404-410	Female	100m Freestyle Finals	Age 10/11 Over	454-460	Female	100m Breaststroke Finals	Age 10/11 Over
411-417	Male	50 Backstroke Finals	Age 10/11 Over	461-467	Male	50m Butterfly Finals	Age 10/11 Over

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Day 5 AM	Liverpool	11 February 2023	Warm up TBC	Day 5 PM	Liverpool	11 February 2023	Warm up TBC
501	Female	50m Breaststroke Heats	Age 10/11 Over	551	Male	50m Freestyle Heats	Age 10/11 Over
502	Male	200m Freestyle HDW	Age 10/11 Over	552	Female	100m Backstroke Heats	Age 10/11 Over
503	Female	1500m Freestyle HDW	Age 12/ Over	553	Male	200m Butterfly HDW	Age 10/11 Over
504-510	Female	50m Breaststroke Finals	Age 10/11 Over	554-560	Female	100m Backstroke Finals	Age 10/11 Over
				561-567	Male	50m Freestyle Finals	Age 10/11 Over

Day 6 AM	Liverpool	12 February 2023	Warm up TBC	Day 6 PM	Liverpool	12 February 2023	Warm up TBC
601	Male	50m Breaststroke Heats	Age 10/11 Over	651	Female	50m Freestyle Heats	Age 10/11 Over
602	Female	200m Freestyle HDW	Age 10/11 Over	652	Male	100m Backstroke Heats	Age 10/11 Over
603	Male	800m Freestyle HDW	Age 12/ Over	653	Female	200m Butterfly HDW	Age 10/11 Over
604-610	Male	50m Breaststroke Finals	Age 10/11 Over	654-660	Male	100m Backstroke Finals	Age 10/11 Over
				661-667	Female	50m Freestyle Finals	Age 10/11 Over