





# APRIL FOOL GALA.

John Charles Aquatic Centre, Leeds. LS11 5DJ, 28th & 29th March 2020.

SWIMMER'S NAME \_\_\_\_\_ MALE/FEMALE (PLEASE CIRCLE)

SQUAD		PARENT/GUARDIAN CONTACT NUM	BER					
EMAIL A	ADDRESS							
	DISTANCE	STROKE	LONG COURSE TIME					
	50M	FREESTYLE						
	100M	FREESTYLE						
	200M	FREESTYLE						
	400M	FREESTYLE (11YRS AND OVER)						
	50M	BACKSTROKE						
	100M	BACKSTROKE						
	200M	BACKSTROKE						
	50M	BREASTSTROKE						
	100M	BREASTSTROKE						
	200M	BREASTSTROKE						
	50M	BUTTERFLY						
	100M	BUTTERFLY						
	200M	BUTTERFLY						
	200M	INDIVIDUAL MEDLEY						
	400M	INDIVIDUAL MEDLEY (11YRS AND OVER)						
	800M	FREESTYLE (MIXED, 12YRS AND OVER)						
	1500M	FREESTYLE (MIXED, 12YRS AND OVER)						
time	es shown o vim England	neet, submitted times must be SLOWER that verleaf. All times must be recorded as LONG drankings, and have been recorded in the papproved by a coach, are accepted at to CONVERT SHORT COURSE TIMES PLEASE https://www2.sportsys.co.uk/times	G COURSE TIMES taken from past 12 months. Time trials, this meet.  FOLLOW LINK -					
No. of	entries	@ £6.50 Per event = £ + £2 per en	try fee Total Payment					
		Payment method (Please Circle): BACS / C						
Barcla	ys A/C – 73	783138. Sort Code 20-69-85 or by cheque p CLOSING DATE: FRIDAY 7 <sup>th</sup> FEBRUAR	•					
	Please o	complete the form in full. LATE ENTRIES W						

### **APRIL FOOL GALA**

John Charles Centre for Sport, 28<sup>TH</sup>/29<sup>th</sup> March.

This is a level 3 long course meet, time considerations apply. Swimmer times can be found by logging on to <a href="www.swimmingresults.org/individualrankings/">www.swimmingresults.org/individualrankings/</a> and entering the swimmers' details. Qualifying times must have been achieved in the 12 months prior to the date of the meet, to obtain accurate results select *Last 12 Months* in the **PERIOD** field. Time trials are accepted at this meet, if you require a time please arrange this with you coach <a href="mailto:before">before</a> submitting your entry.

Short course times can be converted into long course times by use of time converter found at https://www2.sportsys.co.uk/time.asp

Please keep a record of events entered for this meet and retain for your information.

DISTANCE	STROKE	LONG COURSE TIME
50M	FREESTYLE	
100M	FREESTYLE	
200M	FREESTYLE	
400M	FREESTYLE	
50M	BACKSTROKE	
100M	BACKSTROKE	
200M	BACKSTROKE	
50M	BREASTSTROKE	
100M	BREASTSTROKE	
200M	BREASTSTROKE	
50M	BUTTERFLY	
100M	BUTTERFLY	
200M	BUTTERFLY	
200M	INDIVIDUAL MEDLEY	
400M	INDIVIDUAL MEDLEY	
800M	FREESTYLE	
1500M	FREESTYLE	

Whilst we endeavour to do our very best to get entries in promptly please be aware that this is a popular meet and the organisers may be unable to accept all entries.

Accepted/rejected entries will be posted on the club website. For further information please contact Claire at competitions@chorleymarlins.org.uk

#### **CONSIDERATION TIMES**

To qualify for an event times must fall between the upper and lower times shown below.

## PLEASE NOTE THAT CONSIDERATION TIMES GIVEN ARE SHOWN AS **LONG COURSE** TIMES, SHORT COURSE CONVERSIONS ARE ACCEPTED.

	Girls slower than								Girls faster than							
9 YRS	10 YRS	11 YRS	12 YRS	13 YRS	14 YRS	15 YRS	16/OV YRS		9 YRS	10 YRS	11 YRS	12 YRS	13 YRS	14 YRS	15 YRS	16/OV YRS
0.37.0	0.34.0	0.31.0	0.30.0	0.29.5	0.29.0	0.28.0	0.28.0	50 FREE	0.54.0	0.52.0	0.49.0	0.45.0	0.42.0	0.40.0	0.39.0	0.39.0
1.26.0	1.14.0	1.08.0	1.05.0	1.03.0	1.02.0	1.01.0	1.01.0	100 FREE	2.04.0	1.52.0	1.43.0	1.36.0	1.31.0	1.27.0	01.25.0	1.23.0
3.02.0	2.37.0	2.25.0	2.20.0	2.16.0	2.14.0	2.12.0	2.11.0	200 FREE	4.25.0	4.00.0	3.41.0	3.26.0	3.15.0	3.07.0	03.01.0	3.00.0
xxxxx	xxxxx	5.02.0	4.50.0	4.43.0	4.39.0	4.37.0	4.35.0	400 FREE	xxxxx	xxxxx	7.20.0	6.50.0	6.28.0	6.13.0	06.03.0	5.57.0
xxxxx	xxxxx	xxxxx	10.00.0	9.43.0	9.37.0	9.32.0	9.27.0	800 FREE	xxxxx	xxxxx	xxxxx	14.00.0	13.20.0	12.50.0	12.30.0	12.10.0
xxxxx	xxxxx	xxxxx	19.30.0	19.00.0	18.00.0	17.30.0	17.00.0	1500 FREE	xxxxx	xxxxx	xxxxx	27.00.0	26.00.0	25.00.0	24.00.0	23.00.0
0.49.0	0.44.0	0.41.0	0.39.0	0.38.0	0.37.0	0.36.0	0.36.0	50 BREAST	1.13.0	1.06.0	1.02.0	0.57.0	0.54.0	0.51.0	00.49.0	0.48.0
1.53.0	1.34.0	1.26.0	1.22.0	1.19.0	1.18.0	1.18.0	1.17.0	100 BREAST	2.42.0	2.23.0	2.11.0	2.01.0	1.53.0	1.48.0	01.47.0	1.44.0
3.54.0	3.22.0	3.05.0	2.57.0	2.50.0	2.47.0	2.46.0	2.46.0	200 BREAST	5.37.0	5.04.0	4.39.0	4.19.0	4.03.0	3.53.0	03.47.0	3.44.0
0.42.0	0.37.0	0.35.0	0.33.0	0.32.0	0,31.0	0.31.0	0.31.0	50 FLY	1.01.0	0.57.0	0.53.0	0.49.0	0.46.0	0.44.0	00.42.0	0.41.0
1.34.0	1.23.0	1.15.0	1.11.0	1.09.0	1.08.0	1.07.0	1.07.0	100 FLY	2.16.0	2.05.0	1.53.0	1.45.0	1.39.0	1.35.0	01.32.0	1.30.0
3.28.0	3.05.0	2.44.0	2.37.0	2.31.0	2.28.0	2.27.0	2.26.0	200 FLY	4.30.0	4.10.0	3.45.0	3.28.0	3.16.0	3.07.0	3.02.0	3.00.0
0.43.0	0.39.0	0.36.0	0.35.0	0.34.0	0.33.0	0.33.0	0.33.0	50 BACK	1.04.0	1.00.0	0.56.0	0.52.0	0.49.0	0.47.0	00.45.0	0.44.0
1.38.0	1.23.0	1.16.0	1.12.0	1.11.0	1.10.0	1.09.0	1.09.0	100 BACK	2.21.0	2.06.0	1.56.0	1.47.0	1.42.0	1.36.0	01.35.0	1.33.0
3.23.0	2.56.0	2.42.0	2.35.0	2.31.0	2.30.0	2.27.0	2.26.0	200 BACK	4.54.0	4.27.0	4.06.0	4.00.0	3.37.0	3.38.0	03.22.0	3.18.0
3.25.0	2.58.0	2.45.0	2.37.0	2.34.0	2.32.0	2.30,0	2.29.0	200 IM	4.48.0	4.32.0	4.11.0	3.52.0	3.40.0	3.32.0	03.25.0	3.22.0
xxxxx	xxxxx	5.46.0	5.30.0	5.22.0	5.19.0	5.15.0	5.13.0	400 IM	xxxxx	xxxxx	7.57.0	7.23.0	6.59.0	6.44.0	6.32.0	6.25.0

	Boys slower than							Boys faster than								
9 YRS	10 YRS	11 YRS	12 YRS	13 YRS	14 YRS	15 YRS	16/OV YRS		9 YRS	10 YRS	11 YRS	12 YRS	13 YRS	14 YRS	15 YRS	16/OV YRS
0.37.0	0.33.0	0.31.0	0.30.0	0.28.0	0.27.5	0.26.0	0.25.0	50 FREE	0.55.0	0.52.0	0.49.0	0.45.0	0.42.0	0.39.0	0.36.0	0.34.0
1.26.0	1.13.0	1.07.0	1.03.0	1.00.0	0.58.0	0.57.0	0,56.0	100 FREE	2.06.0	1.51.0	1.44.0	1.36.0	1.29.0	1.23.0	1.18.0	1.15.0
2.56.0	2.36.0	2.24.0	2.16.0	2.10.0	2.06.0	2.04.0	2.01.0	200 FREE	4.24.0	4.02.0	3.46.0	3.29.0	3.02.0	2.52.0	2.44.0	2.40.0
xxxxx	xxxxx	4.59.0	4.46.0	4.35.0	4.26.0	4.22.0	4.17.0	400 FREE	xxxxx	xxxxx	7.06.0	6.40.0	6.13.0	5.48.0	5.31.0	5.17.0
XXXXX	xxxxx	XXXXX	10.00.0	9.30.0	9.00.0	8.45.0	8.30.0	800 FREE	XXXXX	xxxxx	xxxxx	14.00.0	13.00.0	11.30.0	10.45.0	10.30.0
XXXXX	xxxxx	XXXXX	18.50.0	18.00.0	17.30.0	17.15.0	17.00.0	1500 FREE	XXXXX	xxxxx	XXXXX	26.25.0	24.40.0	23.00.0	21.50.0	21.00.0
0.49.0	0.44.0	0.41.0	0.38.0	0.36.0	0.34.0	0.33.0	0.33.0	50 BREAST	1.13.0	1.07.0	1.03.0	0.58.0	0.53.0	0.49.0	0.46.0	0.44.0
1.52.0	1.35.0	1.26.0	1.20.0	1.16.0	1.13.0	1.12.0	1.10.0	100 BREAST	2.40.0	2.22.0	2.10.0	2.00.0	1.50.0	1.43.0	1.37.0	1.33.0
3.47.0	3.23.0	3.06.0	2.55.0	2.45.0	2.39.0	2.35.0	2.33.0	200 BREAST	5.55.0	5.00.0	4.40.0	4.14.0	3.50.0	3.40.0	3.25.0	3.15.0
0.42.0	0.37.0	0.35.0	0.33.0	0.31.0	0.30.0	0.29.0	0.28.0	50 FLY	1.03.0	0.57.0	0.54.0	0.49.0	0.45.0	0.42.0	0.39.0	0.37.0
1.36.0	1.22.0	1.14.0	1.09.0	1.06.0	1.03.0	1.02.0	1.00.0	100 FLY	2.20.0	2.05.0	1.55.0	1.45.0	1.35.0	1.30.0	1.25.0	1.21.0
3.34.0	3.02.0	2.43.0	2.33.0	2.26.0	2.20.0	2.16.0	2.14.0	200 FLY	4.44.0	4.12.0	3.50.0	3.32.0	3.16.0	3.02.0	2.51.0	2.45.0
0.43.0	0.39.0	0.37.0	0.35.0	0.33.0	0.31.0	0.31.0	0.30.0	50 BACK	1.03.0	1.00.0	0.57.0	0.52.0	0.49.0	0.45.0	0.42.0	0.40.0
1.36.0	1.23.0	1.16.0	1.11.0	1.08.0	1.05.0	1.04.0	1.03.0	100 BACK	2.21.0	2.07.0	1.58.0	1.49.0	1.41.0	1.33.0	1.28.0	1.24.0
3.16.0	2.55.0	2.42.0	2.33.0	2.26.0	2.21.0	2.18.0	2.15.0	200 BACK	4.53.0	4.31.0	4.02.0	3.54.0	3.37.0	3.22.0	3.11.0	3.03.0
3.21.0	2.58.0	2.44.0	2.35.0	2.28.0	2.23.0	2.20.0	2.17.0	200 IM	5.00.0	4.35.0	4.16.0	3.57.0	3.40.0	3.24.0	3.13.0	3.06.0
xxxxx	xxxxx	5.47.0	5.28.0	5.14.0	5.03.0	4.57.0	4.52.0	400 IM	xxxxx	xxxxx	8.12.0	7.36.0	7.04.0	6.35.0	6.14.0	6.00.0



This is a Level 3 Long Course Gala Licensed by Swim England – Licence Number: 3NE200293 It is subject to Swim England Laws and Regulations and Swim England Technical Rules of Racing

#### PROGRAMME OF EVENTS

SATURDAY 28th March 2020									
	Session 1		Session 2						
101	400IM Girls		201	400M Freestyle Girls					
102	200M Freestyle Boys		202	200M IM Boys					
103	100M Backstroke Girls		203	50M Breaststroke Girls					
104	100M Butterfly Boys		204	50M Backstroke Boys					
105	50M Butterfly Girls		205	100M Freestyle Girls					
106	50M Freestyle Boys		206	100M Breaststroke Boys					
107	200M Breaststroke Girls		207	200M Butterfly Girls					
108	1500M Freestyle (mixed)		208	200M Backstroke Boys					

SUNDAY 29th March 2020								
	Session 1		Session 2					
301	400IM Boys		401	400M Freestyle Boys				
302	200M Freestyle Girls		402	200M IM Girls				
303	100M Backstroke Boys		403	50M Breaststroke Boys				
304	100MButterfly Girls		404	50M Backstroke Girls				
305	50M Butterfly Boys		405	100M Freestyle Boys				
306	50MFreestyle Girls		406	100M Breaststroke Girls				
307	200M Breaststroke Boys		407	200M Butterfly Boys				
308 800M Freestyle (mixed)			408	200M Backstroke Girls				