

# **Rookie Life Guard Course**

The course will build upon the basic principles learnt during the Rookie Life Guard Festival to teach the swimmers key life-saving skills.

## Events & Times

## It is important that your child can comfortably swim 25 metres and is age 8+

This event is open to all Chorley Marlins swimmers from Development Group, age 8+ upwards. This course will run for 8 weeks at 11:00am to 11.30am at Brinscall Pool,

Entries are £36.00 per swimmer (per each 8 week course)

Each participant will receive a certificate for completing the course.

**Programme 3** 

Any Questions please speak to you Liaison Officer at the Pool

Entry forms available now

### **COURSE DATES**

Programme 3

WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8
JUNE 1st	JUNE 8th	JUNE 15th	JUNE 22nd	JUNE 28th	JULY 6th	JULY 20th	JULY 27th
(No Rookies on July 13 <sup>th</sup> )							



## **Rookie Life Guard Course Enrolment Form**

Swimmer Name:				_Swimmer DOB:			
Contact Emai	l Address:			_Squad			
Parent Signature:							
Payment	BACS Transfer	Cheque	Cash				

Please tear here.....

### Events & Times

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Programme 3							
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**Online Payments:** To be paid in to: SC: 20-69-85 / Acc: 33634728 **Swimmers name as a reference.** 

<u>Cheque Payments:</u> To be made payable to Chorley Marlins ASC" Swimmers name as reference. Post in an envelope marked "FAO Rookie Lifeguard course" in the marlins postbox